My Work

What do you want to do with your days?
What are you doing to get to that point?

What I love doing ...

What I am great at ...

What I want to learn ...

What am I doing with each day..

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

What do I need to less of?

Can I let it go?

Can I get someone else to do it?

What would happen if I didn't do it?

What do I need to more of?

What's important to me but hasn't been urgent so I have ignored it?

What does my best ever day look like?

What achievement would I be proud of in five, ten years time?

What do I want my kids to see me doing/feeling/being?